

## 5. Session 3: Facilitator plan

Time	Activity	Key points	Resources
20 mins	<b>Welcome back and reconnect</b> – something that has lifted your spirits		
40 min	<b>Sharing stories</b> Share stories from actions agreed/game plans from last session  Discussion using open questions  Presenter invited to share 'headline' from the discussion	As listening to stories, ask group to notice (and record on post-it notes if they wish)  What's the positive you see in this?  What seemed important? What struck a chord?  What else are we discovering?	Flip charts and post-its
20 mins	<b>Repeating the cycle</b> Small group discussion: how has using an inquiry-based approach influence our thinking or action. What are we noticing?	Reinforce messages about Appreciative Inquiry – not linear, cycle, constant process of discovering etc  What is our question now?  What is the one thing that hasn't been said?	5.1 Reconnect with Appreciative Inquiry Powerpoint presentation (includes slides with questions)
20 mins	<b>Break</b>		
50 mins	<b>Action planning – What are you going to take forward?</b>  In small groups (one group per theme) <ul style="list-style-type: none"> <li>• What works well?</li> <li>• What would make it even better?</li> <li>• What experiment/test/ little things do you want to try?</li> <li>• How will you continue the work over the next three or six months?</li> </ul>	Action plan  Agreement as to who 'holds these'  If we could sow one seed now...what would it be?	5.2 Action plan template

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30 min	<p><b>Other opportunities to be inquirers</b></p> <p>What would you say to others not in the room?</p> <p>What opportunities do you see for taking forward Appreciative Inquiry within integration?</p> <p>What could an inquiry-based approach offer to:</p> <p>a) your own practice and development?</p> <p>b) our approach to aspects of service improvement?</p> <p>How could we sustain and spread this inquiry-based approach?</p>	<p>Small group discussion using game plans for inquiry and ways of working/learning together</p>	<p>4.4 Game plan template</p>
30 mins	<p><b>Reflection and check out</b></p> <p>What did you value most about using Appreciative Inquiry?</p> <p>What would have made it even better?</p> <p>What was it like to inquire in this way, how did you feel?</p> <p>What are you going to do with your knowledge and experience of Appreciative Inquiry?</p>	<p>Feedback will depend on time and energy, individual reflection or group discussion or write one thing per post-it note and stick on flip chart as you leave the room</p>	<p>5.3 Session 3: Checking out handout</p>